

ellen's lunchbox

SUMMER MENU

THE ELLEN STIRLING P.S. CANTEEN IS PROUDLY RUN BY OUR P&C

RECESS ONLY

TO BE COLLECTED FROM
CANTEEN
NO KINDY OR PP

| | |
|-------------------|--------|
| CHEESIE PLAIN | \$1.00 |
| CHEESIE TOM SAUCE | \$1.00 |
| PIZZA CHEESIE | \$1.50 |
| POTATO GEMS x4 | \$0.50 |
| CRUNCH & SIP PACK | \$2.50 |

RECESS & LUNCH

| | |
|------------------|--------|
| VANILLA YOGHURT | \$3.00 |
| with berries | \$3.50 |
| MUFFINS | \$1.50 |
| FRUIT - seasonal | \$1.00 |
| JELLY CUP | \$1.50 |
| PRETZELS | \$0.50 |
| POPCORN | \$0.50 |

CHEAP TUESDAY SANDWICH & JUICE BOX

CHEESE \$5
HAM & CHEESE \$5.50
PIZZA TOASTIE \$6
UPGRADE TO JUICE BOMB FOR \$1

TUESDAY

BURGERS

| | |
|--|--------|
| BEEF & SALAD (halal) | \$6.50 |
| CHICKEN & SALAD | \$6.00 |
| + cheese | \$0.50 |
| saucers: tomato, bbq, mayo or aioli | |

FROZEN TREATS - LUNCH TIME ONLY

ICY POLE \$1 ICY POLE 1/2 50c FROZEN FRUIT CUP \$1.50
VANILLA ICECREAM CUP \$2.50 FROYO \$3

LUNCHES AVAILABLE DAILY

SANDWICHES, ROLLS AND WRAPS WHITE HIGH FIBRE OR WHOLEMEAL BREAD WRAP - ROLL - TURKISH + \$1.00

| | | | |
|--|-------------|-----------------------|--------|
| CHEESE | \$4.00 | SALAD | \$4.50 |
| -with tomato | \$4.50 | -with cheese | \$5.00 |
| -with ham | \$4.50 | -with ham | \$5.00 |
| -with chicken | \$5.50 | -with chicken | \$6.00 |
| TOASTED | \$0.50 | | |
| PIZZA TOASTIE | \$5.00 | CRISPY CHICKEN | \$7.00 |
| cheese/ham/pizza sauce | | STRIP & SALAD WRAP | |
| EGG & LETTUCE | \$5.00 | plain or sweet chilli | |
| plain or mild curried | | (served cold) | |
| SAUCES - TOMATO, BBQ, SWEET CHILLI, AIOLI & MAYO | | | |
| ADD CHEESE - TOMATO - SPINACH - AVOCADO | \$1.00 each | | |

CHICKEN NUGGET DEALS

| | |
|--|--------|
| 4 nuggets | \$4.50 |
| 6 nuggets | \$6.50 |
| served with popcorn & carrot sticks | |
| or apple slices add | \$0.50 |

MAC & CHEESE

+ bacon \$0.50

PASTA BOLOGNESE

+ cheese \$0.50

ENCHILADAS

chicken or vegetarian

TERIYAKI CHICKEN \$7.00

RICE BOWL warm or cold

SUPER SALAD BOWL \$7.00

+ roast chicken \$2.00
+ teriyaki chicken \$2.00
+ egg, ham or cheese \$1.00
+ chicken strip \$1.50
(plain or sweet chilli)

DRESSINGS: aioli, mayo,

balsamic glaze, mango/chilli

SALAD OF THE WEEK \$6.00

WEDNESDAY

BURGERS

| | |
|--|--------|
| BEEF & SALAD (halal) | \$6.50 |
| CHICKEN & SALAD | \$6.00 |
| + cheese | \$0.50 |
| saucers: tomato, bbq, mayo or aioli | |
| PIZZA SLAB | \$5.00 |
| CHEESE - HAM/CHEESE | |
| OR HAWAIIAN | |

THURSDAY

SUSHI HANDROLL \$6.00

| | |
|----------------------|--------|
| CHICKEN - TUNA | |
| VEGETARIAN | |
| TRAVELLERS PIE | \$4.50 |
| SAUSAGE ROLL (halal) | \$4.50 |
| SPINACH/RICOTTA | \$4.50 |
| SNACK PIE | \$1.50 |
| NACHOS | \$5.00 |
| +sour cream | \$0.50 |

FRIDAY

HOTDOG \$4.50

+cheese \$0.50
saucers: tomato, bbq,
mild mustard

TRAVELLERS PIE \$4.50

SAUSAGE ROLL (halal) \$4.50

SPINACH/RICOTTA \$4.50

SNACK PIE \$1.50

PIZZA SLAB \$5.00

CHEESE - HAM/CHEESE

OR HAWAIIAN

NACHOS \$5.00

+sour cream \$0.50

DRINKS

BOTTLED WATER \$2.00

FLAVOURED MILK \$3.00

chocolate or strawberry

JUICE BOX \$2.50

apple, tropical or

apple/blackcurrant

JUICE BOMB \$3.00

SQUEEZY SAUCES
50c
TOMATO
BBQ